

國立高雄科技大學適應體育課程實施辦法

National Kaohsiung University of Science and Technology

Enforcement Rules Governing Adapted Physical Courses

107 年 12 月 12 日 107 學年度第 2 次教務會議通過

Passed by the 2nd Academic Affairs Meeting on December 12, 2018.

第一條 為改善身心障礙、重大疾病學生體育正課教學，並培養其休閒運動所需之習慣與知能，並依據本校體育成績考核辦法規定，訂定「國立高雄科技大學適應體育課程實施辦法」（以下簡稱本辦法）。

Article 1

These Enforcement Rules Governing Adapted Physical Courses (hereinafter referred to as “these Rules”) are adopted by National Kaohsiung University of Science and Technology (hereinafter referred to as “the University”) to enhance physical well-being of students with physical and mental challenges and serious illnesses, while instilling healthy habits and knowledge of leisure sports.

第二條 申請條件：凡本校在學學生持有身心障礙手冊或重大傷病證明卡、懷孕、慢性病（心臟、腎臟、癲癇、氣喘、精神疾病等）、急性傷害（車禍、運動等嚴重傷害）、慢性傳染病（肺結核、肝炎、愛滋病等）及其他身心狀況異常等，不適合接受一般體育課程者。

Article 2

Application requirements:

Students at the University who hold a disability manual or a certificate of major illness and injury, are pregnant, suffer from chronic diseases (heart, kidney, epilepsy, asthma, mental diseases, etc.), have experienced acute injuries (car accidents, sports, and other serious injuries), have chronic contagious diseases (tuberculosis, hepatitis, AIDS, etc.), or other physical and mental disorders, etc., are not eligible for taking general physical education courses.

第三條 申請程序

- 一、在開學當日起三星期內至體育室申請辦理(臨時性意外不在此限)。
- 二、申請人填寫人工加選單，附身心障礙證明或公私立醫院(區域醫院級以上)證明，經體育室核准後，由體育室教學組協助上網登錄選課。

Article 3

Application Procedures:

- 3.1 The applicant must submit the application to the Office of Physical Education within three weeks from the starting date of each semester (except for temporary accidents).
- 3.2 The applicant shall fill in the manual course selection form and attach the certificate of physical and mental disabilities or the certificate issued by the public and private hospitals (above the regional hospital level). After the Office of Physical Education approves the application, the Office of Physical Education shall assist with logging into select courses.

第四條 師資：由體育室遴選適任體育教師擔任之，教師須參酌學生個別障礙狀態，特殊教學活動。

Article 4

Instructors: The Office of Physical Education seeks to recruit competent physical education instructors. The instructors must take into account the disability status of each student and provide suitable instruction.

第五條 場地設備：使用本校適合身心障礙之運動設施，作為適應體育課程上課之專用場地。

Article 5

Venue and equipment: For students with disabilities, a special venue for physical education courses is equipped with the appropriate sports facilities.

第六條 教學內容

- 一、實施運動能力前測，以了解學生體能狀態之水準。

- 二、由教師擬訂教材綱要。
- 三、各種運動項目欣賞及報告或心得。
- 四、實施運動能力後測，以了解學生體能狀態之進步情形。

Article 6

The following will be included in the course instruction:

- 6.1 A pre-test is conducted to assess the students' athletic ability and determine their physical condition;
- 6.2 An instructor must draft a syllabus for the course;
- 6.3 A report will be created which reflects on and appreciates the students' engagement in various sports activities;
- 6.4 A post-test is conducted to assess the students' progress in their physical fitness.

第七條 體育成績考核：適應體育課程成績考核應包括認知、技能、情意等三項，教師應依據學生個別差異，學習狀況及進步情形予以評分。其平時及學期體育成績應按下則給分比率評定：

- 一、認知百分之三十：以筆試、口試、心得報告評量。
- 二、技能百分之四十：以運動技能、學習過程、進步情形評量之。
- 三、情意百分之三十：以運動精神、學習態度評量之。

Article 7

Physical education performance assessment: Adaptive physical education courses shall be evaluated on three criteria: cognition, skills, and attitude. Instructors shall evaluate students on the basis of individual differences, learning status, and progress. The usual and overall performance assessments shall be carried out in accordance with the following ratios:

- 7.1 Thirty percent for cognition: assessed by a written test, an oral test, and a reflection report.
- 7.2 Forty percent for skills: assessed by sports skills, learning process, and progress.

7.3 Thirty percent for attitude, as measured by sportsmanship and learning attitude.

第八條 本辦法經教務會議通過，陳請校長核定後施行；修正時亦同。

Article 8

These Rules shall be passed by the Academic Affairs Meeting and shall take force upon approval by the President. The same procedure shall apply when these Regulations are amended.